

Hailed by audiences worldwide as a gifted storyteller, bestselling author Cheryl Hunter speaks about resilience and the self-imposed captivity people face each day. Cheryl is no stranger to captivity; while traveling abroad as a teenager, she was abducted by two criminals who beat and raped her then left her for dead. Cheryl survived this life-changing event, shifted her direction, and found freedom. After years of research, analysis, and leading personal and professional development programs to over a quarter million people, Cheryl designed an educational model that transforms people's lives and liberates them both personally and professionally. She and her team deliver that educational model worldwide in the public and private sectors. Cheryl is regularly called upon by major media including CNN, HLN, and The Huffington Post to provide expert commentary. She is a contributor to Fast Company, Forbes Magazine, U.S. News & World Report; her highly regarded TED talks have made great impact, and she is a founding member of Maria Shriver's Brain Trust, a select group dedicated to bettering the lives of women.

The Resilience Factor:

Turn Setbacks Into Success

Resilience not only helps people bounce back from difficulty, but also remain nimble in the face of everyday challenges, gracefully navigate change, and stay focused, powerful, and on-point in the midst of ambiguity and uncertainty. The good news? Resilience is a behavior that can be learned, developed and strengthened. Audiences will expand their grit, mental toughness, and fortitude, as well as gain a newfound ability to find the humor in situations they face.

Leadership 2.0:

Access to Leadership Through Authenticity

Authentic Leadership, with its emphasis on transparency and full disclosure, creates certainty for people and empowers them to develop new levels of performance and effectiveness. Authentic Leadership supports engaged, enlivened individuals who experience connection to themselves, each other, and the mission and vision of the enterprise. Audiences learn how their personal stories can effectively influence both others and the cultures they inhabit.

Elevate Her:

Ignite Confidence in Women

Drawing up on Wabi-Sabi, the Japanese principle of discovering the perfection in imperfection, audiences reinterpret their stories about themselves and their perceived flaws, and arrive at new conclusions. Cheryl's signature talk and the subsequent inquiry ignite a "Wabi-Sabi revolution" that sets the stage for a breakthrough in the way women relate to themselves and others, and provides elevated levels of confidence, effectiveness, and connection.













Cheryl believes in the transformative power of storytelling and that a simple, well-told story has the power to change lives. Cheryl's roots in storytelling run deep; she cut her teeth as a standup comic before becoming a critically-acclaimed playwright and a Hollywood screenwriter, writing TV and film under contract with *NBC*, *Paramount Pictures*, *HBO*, and *CBS*.

For over 16 years, Cheryl has mastered the art of speaking; she has delivered over 1500 presentations to more than a quarter of a million people worldwide. In addition, she is a regular commentator on national TV news, and the inspiring messages of hope in her TED talks have been viewed by an international audience tens of thousands of times.

Cheryl's keynotes and workshops are enlivening, uplifting, engaging, and they are designed to cause long-term impact and lasting change. While Cheryl's "off-the-shelf" programs are in high demand, event organizers praise her ability to tailor her keynotes and workshops to their needs. Audiences report leaving empowered, emboldened, and inspired to take action. Event organizers report enhanced performance, increased motivation, more cohesive teams, a highly-engaged workforce, and less resistance to change.









PRAISE

"Thanks Cheryl for all you do to empower others. You are an encouraging soul. Thank you for elevating us." Cory Booker,

United States Senator

"Cheryl provides great insights on how to overcome the difficult experiences we inevitably face along life's journey. She will uplift your spirits & help set you free to fully enjoy this mystery we call life - no matter what." Jack Canfield, Co-Author, Chicken Soup For the Soul

"Cheryl Hunter is a gifted storyteller who will make your spirit soar." Mark Victor Hansen, Co-Author, Chicken Soup For the Soul

"What an incredibly powerful workshop you led. It has made a big impact, and the number of people talking about their Wabi-Sabi is amazing to see. It's now part of our vernacular.

Amazing story. Amazing job."

Tracy Loring, Director,
Global Learning and Development,

Rackspace

"What I learned from Cheryl Hunter is the ability to be at peace with myself." Anita Noravian, 20th Century Fox

"Participating in Cheryl's workshop was a tremendous experience, and I continue to use the exercises that she taught me." Ron Brandt, Herman Miller "Since attending Cheryl Hunter's workshop, I'm performing at my best." Gary Anderson, Warner Bros.

"Cheryl delivered a powerful presentation to our high school to develop a culture of acceptance. She helped our kids reframe adversity, develop resilience, and become self-reliant."

Jerry Block, Principal,

Malibu High School

